SHIFT YOUR THINKING CHANGE YOUR WORLD
Coaching & Mentoring Services



My own career has taken me through leadership positions in retail, human resources, organisational change, and business ownership. After progressing from the shop floor to executive head of HR during a major business transformation, I went on to build and lead a successful learning and development business that supported leaders at every level, from first-time supervisors to senior executives.

Over more than 20 years, I've helped people develop their leadership skills, manage change, build high-performing teams, navigate workplace challenges, and make important career decisions.

I've also experienced the personal realities that often sit behind professional success, including career setbacks, business pressures, family challenges, and major life transitions. Those experiences have shaped my belief that successful careers are rarely linear and that having the right support can make all the difference.

These experiences helped me develop a deep understanding of several developmental models including Spiral Dynamics, Whole Brain Thinking, the Four Stages of Contribution and others. Integrating these models with neuro linguistic programming (nlp) and solutions focused coaching, creates a space where people can achieve more than they thought possible.

My approach is honest, supportive, and focused on helping you achieve meaningful progress both professionally and personally. Whether you're stepping into leadership for the first time, looking to progress your career, managing organisational change, or considering your next personal chapter, I can provide practical guidance, perspective, and support based on real-world experience.

I look forward to helping you

Jonathan

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